

# SUPER SKILLS FOR LIFE

**Datin Indranee Liew** who holds Qualified Teacher Status in UK, taught regular and special needs children in Oxford from 2001 – 2002. Her interest led her to pursue training in special needs education, play therapy and cognitive behaviour therapy.

- ❖ Super Skills for Life\* is an intervention programme for 6-18 year olds, normally delivered in a school, which helps young people cope with emotional difficulties such as anxiety and depression.
- ❖ Super Skills for Life is based on the principles of cognitive-behaviour therapy (CBT) and behavioural activation and uses video-feedback and cognitive preparation as part of the treatment.
- ❖ The Programme will enhance self-confidence, build emotional resilience, improve social skills and competence.

**TARGET GROUP: ADULT [PARENT & TEACHERS]**

**DATE: 20<sup>TH</sup> JULY 2019 [SATURDAY]**

**TIME: 9.00AM – 4.00PM**

**(registration at 8.30am)**

**VENUE: PENANG INSTITUTE**

**FEE: RM 40 PER PERSON**

**Limited seats: only 50 pax**

**First come first serve basis**

**Registration deadline:**

**11<sup>TH</sup> JULY 2019**

## REGISTRATION FORM

FULL NAME : \_\_\_\_\_

NAME OF ORGANISATION/CENTRE : \_\_\_\_\_

TEL: \_\_\_\_\_ HP NO: \_\_\_\_\_

EMAIL: \_\_\_\_\_

### SUPER SKILLS FOR LIFE

Attendee 1: \_\_\_\_\_

Attendee 2: \_\_\_\_\_

Attendee 3: \_\_\_\_\_

Attendee 4: \_\_\_\_\_

Total No of Pax : \_\_\_\_\_

**FEE: RM 40 PER PERSON**

**[Fees Payable to: PI-PENANG EDUCATION COUNCIL]**

Please bank-in directly into our bank account:

**PUBLIC BANK BERHAD**

Account No: **3178 644 601**

Please fax-in the banking slip as proof of payment attention to **PENANG EDUCATION COUNCIL – SUPER SKILLS FOR LIFE** at 604-226 7042 or email: [educationpenang@gmail.com](mailto:educationpenang@gmail.com)

#### **FURTHER DETAILS:**

CONTACT PERSON: MS M.ANILA / MR.MALVIN

Penang Institute,

No.10 Jalan Brown,

10350 Penang.

TEL: 04 228 3306 (130 / 131 / 132)

EMAIL: [educationpenang@gmail.com](mailto:educationpenang@gmail.com)

**FOR ONLINE REGISTRATION, PLEASE VISIT :**

[www.facebook.com/educationpenang/](http://www.facebook.com/educationpenang/)

[www.facebook.com/PenangInternationalKidsStorytellingFestival/](http://www.facebook.com/PenangInternationalKidsStorytellingFestival/)

PLEASE TAKE NOTE THAT REGISTRATION IS ONLY CONFIRMED UPON RECEIPT OF PAYMENT. FEES WILL NOT BE REFUNDED IF A PARTICIPANT IS UNABLE TO ATTEND THE TALK & WORKSHOP.

NOTE: THE ORGANISERS RESERVES THE RIGHT TO CANCEL OR POSTPONE THE WORKSHOP WITHOUT HAVING THE SAID CANCELLATION OF POSTPONEMENT